

Swimmer Profile	
Name: Flynn Oberdries	Age: 16
Club: Roskill	Coach: Josh Munro
About	
Greatest achievement in swimming: 4x200m freestyle relay silver medal at Springs.	
Major goals for the next 2 years: Medal at nationals and get a scholarship to an American University.	
What is your pre-race ritual? As I line up for the blocks I shake my shoulders up and down and I feel the blood going into my fingers and I always put my left foot on the block first.	
If you could only eat one thing for the rest of your life what would it be? Haribo Gummy Bears	
Who or what inspires you and why? Nathan Capp because he didn't start improving until he was older so I'm waiting to grow more and keeps me having faith.	
School/University/subjects/company/position? Mount Albert Grammar studying calculus, chemistry, physics, English, economics and geography.	